



Go-Bag Items

Version 1: Lightweight Evacuation Go-Bag

(Quick grab when you need to leave fast — focus on essentials for 24–72 hours)

Identification & Money

- Copies of ID, insurance, medical info (in waterproof pouch)
- Small amount of cash (small bills/coins)

Water & Food

- 2–3 bottled waters or collapsible water pouch
- High-energy snacks (granola bars, protein bars, trail mix)
- Water purification tablets or mini water filter (like LifeStraw)

Health & Hygiene

- 3-day supply of prescription meds
- Mini first aid kit (bandages, antiseptic wipes, pain relievers, allergy meds)
- Hand sanitizer & travel soap
- Travel toothbrush, toothpaste
- 2–3 masks

Clothing & Shelter

- 1 extra set of clothes (compact/rolled tight)
- Rain poncho
- Lightweight emergency blanket

Tools & Safety

- Small flashlight (or headlamp) with spare batteries
- Pocket multi-tool
- Whistle

Communication

- Phone charger & small power bank
- Small battery-powered or hand-crank weather radio



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Version 2: Extended Survival Go-Bag

(For sheltering in place or being cut off for a week+ — heavier but more comprehensive)

Identification & Money

- All items from lightweight version
- More complete document copies (property deeds, bank info, wills)
- Larger stash of cash (in waterproof pouch)

Water & Food

- At least **1 gallon of water per person per day (for 3+ days)**
- Collapsible water container
- Portable water filter (Sawyer Mini, LifeStraw Family)
- Non-perishable food for 3–7 days (cans, peanut butter, dried fruit, jerky, energy bars)
- Manual can opener

Health & Hygiene

- Prescription medications (7-day supply minimum)
- Full first aid kit (include antiseptic, gauze, gloves, tweezers, thermometer)
- Soap, toothpaste, deodorant, feminine hygiene, wipes
- Extra masks
- Bug spray & sunscreen

Clothing & Shelter

- 2–3 sets of clothes (weather-appropriate)
- Sturdy shoes/boots
- Rain gear (poncho + waterproof jacket)
- Blanket **or** compact sleeping bag
- Hat, gloves, and socks (extras are crucial in cold climates)
- Small tarp or plastic sheeting for emergency shelter

Tools & Safety

- Larger flashlight or lantern + extra batteries
- Multi-tool or survival knife
- Paracord (50–100 ft)
- Duct tape
- Fire-starting kit (matches, lighter, fire starter in waterproof case)



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Communication & Navigation

- Large-capacity power bank(s) + solar charger
- Hand-crank/battery NOAA weather radio
- Paper map of local area
- Compass

Comfort & Miscellaneous

- Notebook & pen
- Entertainment (cards, small book, puzzle)
- Ziplock bags (to keep things dry)
- Extra house/car keys
- Pet food/supplies if needed



Pro Setup Tip:

- Keep the **Lightweight Evacuation Bag** ready by the door.
- Store the **Extended Survival Bag** in a closet or safe spot at home — and pull from it to refresh the lightweight one if needed.